
MTH- 101 **Advanced Massage** - - **Fall**
Prerequisites MTH-120^S
Corequisites None

This course provides knowledge and skills in diverse body work modalities in a variety of clinical settings. Emphasis is placed on selected techniques such as Neuromuscular Therapy, Sports Massage, Soft Tissue Release, Spa Approaches, Oriental Therapies, and energy techniques. Upon completion, students should be able to perform basic skills in techniques covered.(2008 SP)

MTH- 102 **Outcome-Based Massage** - - **Spring**
Prerequisites MTH-120^S
Corequisites WBL-111^T

This course provides knowledge and skills in more complex body works modalities in a variety of clinical settings. Emphasis is placed on developing advanced skills in outcome-based Massage. Upon completion, students should be able to perform basic skills in techniques covered.(2008 SP)